

5 historic *food markets*

Fresh products, authentic food and real hospitality: food markets are the ideal attraction for a one-day shopping experience in Florence.



HISTORICAL MARKETS

The Mercato Centrale or Central Market and the Market of Sant'Ambrogio were built in the late-nineteenth century when Florence was the capital of Italy. They were designed by architect Giovanni Mengoni, who also conceived the Galleria Vittorio Emanuele II in Milan.

A SAN LORENZO

At the Mercato Centrale, in the San Lorenzo area, you'll find a diverse selection of shops offering visitors quality food from all over Italy, most of which are managed by the 3rd or 4th generation owners. Here, hospitality is a defining characteristic and shoppers can taste exhibited products.

- www.mercatocentrale.it

📍 *Via dell'Ariento, 10/14*
Monday - Saturday / 7:00 am - 2:00 pm

B SANT'AMBROGIO

Florentines' favourite market in the Sant'Ambrogio area. There you can find meat, fish, cheese and cured meats. Outside on the street, you can find the 'barrocci', the yelling fruit and vegetable sellers who shout their prices and deals to clients passing by; many of them have been working on the same pitch for years!

- www.mercatosantambrogio.it

📍 *Piazza Ghiberti*
Monday - Saturday / 7:00 am - 2:00 pm



STREET MARKETS

C CASCINE MARKET

On Tuesdays, at the Cascine park (in the northern part of the City) is the Cascine Market, from 8 am to 1 pm. Hundreds of stalls selling food, clothing and housewares are located for about 3 km along the tree-lined avenue that runs along the Arno river.

📍 *Parco delle Cascine*

D SANTO SPIRITO

Among the other street markets in the city is the monthly Santo Spirito Organic Market. Worthy of mention, it's small but very popular among citizens. It takes place on the third Sunday of every month.

📍 *Santo Spirito square*

E MERCATALE

Once a month, in Piazza della Repubblica, the nineteenth-century square hosts the Mercatale market. Almost a hundred food producers from all over Tuscany come to sell wine, oil, fruit and vegetables, meats, grains, legumes, cheese, honey and local products, including fresh and organic foods.

📍 *Piazza della Repubblica*

